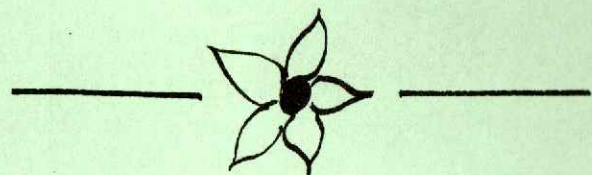


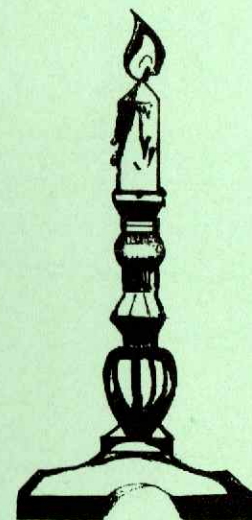
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THE APPROACH TO

TRUTH



From;

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THE SEXUAL POLARITY AND MEDIUMSHIP



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THE SEXUAL POLARITY AND MEDIUMSHIP

The Law of Duality is fundamental within the context of the known universe, and progress apparently depends upon a harmonious interchange between the various polarities, i.e. male/female, positive/negative, a principle which was recorded of old by the entry of the animals into the Ark two by two, and in science by our understanding of electrical and magnetic phenomena. The basic 'building block' of matter, i.e. the atom, with its positive and negative electrical charge, reveals this fundamental law which operates in the physical, mental and spiritual dimensions.

When the balance of harmonious interchange is disturbed, the effect is recognisable as in the human male/female polarity. Male-dominated society has resulted in aggression and war — a situation which can only be rectified by the feminine polarity of love.

I believe that the human spirit is sexless but is sexually polarised by its vehicle of expression for a short part of the eternal journey. Hermaphroditism, in which the characteristics of both sexes are evident, could be the early sign of an evolutionary mutation, rather than a genetic 'throwback' — a possibility which would require a complete re-structuring of present concepts in relation to 'wholeness'. The sexual polarity functions beyond the physical dimensions and our illustrious seer, A. J. Davis, has attributed wisdom and love respectively to the male/female polarities. Although this may be over-simplified for present-day standards, it nevertheless draws attention to the Law of Duality and its harmonious inter-relationship. More profoundly he states:—

"God is the greatest fact in the universe — He is the greatest principle — He is the greatest reality — the active or moving principle. God is active and moving, Nature is passive and moved. God is our Father, Nature is our Mother, and we are their sons and daughters. God is the great Central Source of all Life and Love, of all Order and Form, the Sustainer and Unfolder of all things — the magnificent universe. God is infinite cause, Nature infinite effect — THE ETERNAL VORTEX. God is the consciousness of the universe."

The male personality has a subjective female polarity, as the female possesses a subjective male polarity. The balance of this androgynous 'see-saw' is vital to physical, mental and spiritual equilibrium. Apparently it is also directly involved in and affected by psychic and mediumistic activity, or equally may provide the means by

which the phenomena are registered. 'Poltergeist' activity is the exteriorisation of psychic energy from young adolescents, whose awakening sexuality forms the energy supply. Historically, the many sexual taboos, including transvestite seer-priests, etc., etc., indicate the connections between mediumship and human polarity.

THE HUMAN MIND

Scientifically, the mind is a mystery and its function of consciousness a void on the map of understanding. Spirit teachings, however, have provided a glimpse across the frontiers of knowledge and established guide-lines for our benefit. The mind is the communicative part of the spirit, invisible except for its luminosity, which has been observed by clairvoyants for thousands of years and which is now the subject of scientific investigation. During the earth period of life, only a small part of the total mental potential can be utilised, due to the limitations imposed by the physical brain and the human sexual polarity. The conscious and sub-conscious levels may be understood as another aspect of the polarity phenomenon, especially when we understand that mediumship utilises the unconscious or subjective mind — a fact which is true also is relation to dreams, where the subconscious impulses are registered at a conscious level — a state which is parallel to normal subjective mediumship. It follows, therefore, that the subconscious mind together with the subjective polarity is the source of mediumistic potential: also that the polarity is capable of tremendous change at physical death, leading eventually to the complete extinction of the sub-conscious barrier and to a state of 'supernormal consciousness' when the full mental potential may be realised. I would theorise that only in this advanced state shall we be able to comprehend what the meaning of spiritual 'wholeness' really is.

Spirit mentors have advised that in the Spirit world the mind is able to act directly upon its surroundings, without the necessity of personal intervention by way of tools, etc. — an exercise which is constantly performed in dreams, where the dreamer is able to create and dissolve at will, in accordance with his thought patterns. Is the dreamer simply practising the use of full mind potential in preparation for the journey ahead? Viewed in this light the sexual polarity should, in my opinion, be the subject of vigorous investigation and research. (A study of mediums will often reveal a strongly developed subjective nature, which may show as sensitivity and gentleness in males and masculine characteristics in females).

MEDIUMSHIP

Carl Jung has suggested that most dualisms are rooted in an unhealthy separation of the psyche, such as that of the ego from a deeper self, resulting in imbalance of the total harmony. However, it could also be argued that the resultant 'tension' may be helpful to creative effort. Certainly where mediumship is concerned, the polarity seems to be essential, but nevertheless we should be aware of the negative aspects which may arise thus maintaining a harmonious interchange of the dualism and permitting positive unfoldment of the mediumistic potential.

Everyone who has taken part in ballroom dancing will understand the interchange of energy between the male and female polarity. When harmony is achieved between the participants an interchange of energy takes place and, in the words of the song 'I could have danced all night'. However, when harmony is not achieved, look out for depletion of energy and aching feet!

Ignorance of this law may lead to a serious degeneration of the personality, the effects of which are only too obvious. A medium unable to make the necessary harmonious interchange and compensation at a spiritual level may find that the subjective polarity becomes dominant in a negative sense — leading to a breakdown of the development process — a situation which can lead to seeking compensation through strong drink, drugs, etc., or other escapist avenues. The young medium should be aware that numerous aspirants have risen quickly in public acclaim only to fade away more quickly. (The applause of the populace is soon spent — the applause of the unseen hosts lasts forever).

Many are unable to cope with the crisis which comes from the separation or polarising of the psyche in the normal process of mediumistic development. The desire for public acclaim and over-flamboyant personalities are often indicative of the imbalanced medium. It is not my purpose to attack these victims of ignorance, but rather to suggest methods which could lead towards the realisation of greater potential. These critical periods of development have been recognised in the past, and were referred to as 'testing times'.

It is apparent that children are not encouraged to sit in the development circle, and I feel this to be a fundamental error. The child who exhibits signs of mediumship must be provided with the facilities to unfold. Spiritualist teachings state that the child is the repository of infinite possibility, but how can we evoke these possibilities when the flowering of them is discouraged? Once the portal has become obscured with more worldly pursuits, the development process becomes pro-

portionately more difficult. Years are spent by people in later life trying to regain the psychic potential which was evident in their pre-adolescent period — a point beautifully expressed by Thomas Traherne, poet and mystic, when he wrote:—

“The Heavens were an oracle and spake
Divinity. The Earth did undertake
The office of Priest; and I being Dumb
(Nothing beside was dumb) All things did come
With Voices and Instruction; but when I
Had gained a Tongue, their Power began to Die.
Mine Ears let other Noises in, not theirs.”

We must take note from the foregoing that phychic potential can be vanquished at puberty, or conversely may be activated — e.g. ‘Poltergeist’ phenomena. The problem is seemingly that of a psychological balance, which has an effect upon the accessibility of the subconscious mind, in either a negative or positive manner.

SOME SUGGESTIONS

The first priority is to emphasise that mediumship is a spiritual function and to dispel certain ‘modern’ concepts which state that there is no connection between spiritual awareness and mediumship. I state categorically that attention to spiritual unfoldment is vital to proper development of mediumship. Perhaps there is confusion between ordinary psychic or E.S.P. phenomena and mediumship: the latter requires a communicating spirit whereas the former does not. Unfortunately, many psychic demonstrations are passed off as mediumship, all too often accompanied with various ‘gimmicks’: such shows should be prohibited in Spiritualist churches; they have no part to play in our religion.

In mediumship there is a ‘shift in consciousness by which the etheric senses are activated and their impulses registered in the medium’s mind. It is essential, therefore, that the psychological balance should be strong, and anyone suffering from mental weakness would be well advised to seek authoritative advice before proceeding.

The essential factor is to develop and strengthen the spiritual nature, thereby permitting the necessary harmonious interchange to take place within the human polarities. Yogis have long understood this problem, and A. J. Davis has the following excellent advice to offer:—

“1. In the morning arise resolved to do nothing against, but everything for, the Kingdom of Heaven on Earth.

2. Happiness being the object, let every action during the day be preceded by such well-conceived and well-developed thoughts as tend to its attainment.

3. At night retire at peace with yourself — at peace with all the world.

Draw these axioms into your soul — I know them to be the first steps toward happiness and culture. If you fail to take these properly, quietness and development are beyond your attainment. See well to this admonition. It is the language of no theory — it is the voice of Truth.

The law and method of spiritual culture require also the following directions:—

1. Be contented with the Past, and with all it has brought you.

2. Be thankful for the Present, and all you have.

3. Be patient for the Future, and for all it promises to bring you.

Next consider the outward means of spirit culture:—

1. Studying the exact or physical sciences.

2. Studying the laws of the body and the laws of the spirit.

3. Proper gratification of the external senses.

4. Walking, playing, dancing and various amusements.

5. Reading, writing essays, keeping journals and associating with good and ornamentally educated minds.

6. In all things practising self-discipline and obeying the principle of Wisdom.

Concerning the outward means of spirit culture, let me remark:

First, that, by studying the sciences, I mean those particular sciences which relate to the organisation — viz. the science of anatomy, of physiology, chemistry and of reproduction.

Second, by the study of physical and mental laws is intended the principles of anatomical motion, of physiological functions and measurement of power, and the principles of mental action and predisposition. These sciences and laws should be particularly studied. The infant should be instructed according to their decisions, and parents should be qualified to impart this instruction. No child should be sent to school before it has attained an age of eight years, and generally not before its tenth year, because premature education is burdensome and paralysing to the faculties and passions. Precocious youths are seldom strong and powerful men. They spring into life, and leave it, before the period in which the natural mind is allowed to develop and mature.

Third, by a proper gratification of the senses is intended whatever the preceding sciences and principles will teach and permit as essential to health and cultivation. And what is said further of the outward means

is applicable to children, students, and every individual who desires harmony in body and in mind.

From this proceed to the inward means of spirit culture, which are:—

1. Self-analysis, self-discipline, self-confession of faults and self-harmonisation.
2. Studying spiritual or psychological sciences, the science of analogy and picturesque geography.
3. Studying painting and music.
4. Occasional meditation.
5. Poetical contemplation.
6. Conversations.
7. Mutual assistance and mutual manipulations of spirit communion with higher spheres of spiritual life.

The value of self-analysis, or introspection, is apparent to all. To gain an understanding of the self, it is necessary to look inward and examine the contents of our minds, and the general make-up of our character. Not one of us is without faults, but we are often unconscious of them simply because we do not try to analyse our character. This process calls for an uncompromising honesty, and we shall find that, however much others may be disposed to look with charitable eyes upon us, we shall be stern enough in our judgment upon our own mental make-up. This is the first step towards rounding out whatever angularities of character may be ours. The value of the other rules is quite obvious.

Of the last, communion with the higher spheres of life, what is meant by such communion is something more than the casual conversations we have with our spirit friends in seance. That has its value, but real spirit communication is a lifting of the mind to a higher plane of life, an aspiration of the soul which is met with a corresponding inspiration. It enriches the mind, deepens the emotional nature, broadens the understanding and brings a great peace such as we cannot find in our life every day. It strengthens, refreshes, and tones the mind, creating a love for all that is beautiful, true and good.

Such communion can be entered into at any time and in any place, when we truly desire it. And often we shall find companionship when there are no earthly friends near. Nature then becomes a source of inspiration and strength, for we commune with her and through her with our Father God.

Theology is inadequate to the reconstruction of society; and popular education, which is saturated with this theology, is inadequate to the proper direction and cultivation of the spirit. It requires but little time, to learn what is useful, to learn what is just, to learn what is power; and

Beauty, Aspiration and Harmony are familiarly explained in the fields of universal Nature and Humanity. A harmonious individual is a revelation of the Divine Mind.

The science, the chemistry and mechanism of Divine Creation are represented in the human form; and the holy elements and attributes of God are incarnated in every human spirit. To be like heaven let us aspire to heaven; to be like God let us aspire to God. Harmony must begin with the individual; it will thence spread over families, societies and nations; and then the Whole will represent the Individual, and the Individual will represent the Whole; and God will be ALL IN ALL".

Do not dismiss these rules because of their simplicity; great truths are hidden from the 'wise'!

R.J.B., 1974

1. Testimony to Spirit
2. Sexual Polarity and Mediumship
3. The Human Aura
4. Spiritual Diseases and Remedies
5. Prayer and Meditation
6. The Etheric Body
7. What the Devil...?
8. Rays of Light

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